

Grow The Struggling Power as Soft Skill in Learning

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ABSTRACT

This article discusses the struggling power which be grown in a soft skill learning for learners. In general the main determinant of the person's succes in the workt is to have good soft skill. Cultivate good soft skill can only be done through education. One element of soft skills in education is the struggling power. Struggling power is indispensable by learners to achieve success in education. Struggling power helps learners overcome the obstacles which occur in life. With the struggling power, students are able to find a way out of faced barriers. Struggling power is a person's ability to drive herself/himself to be able to face and overcome obstacles in a difficult situation by focusing on something they want to achieve. Factors that shapea person's struggling power: competitiveness, productivity, creativity, motivation, taking risks, repairing, perseverance, optimism, embracing change, tenacity, stress, pressure, setbacks. These factors should be developed through learning in the classroom. Educators must be able to integrate elements of the teaching materials. To discuss these factors is done by reading a number of books related to soft skills and books on learning. The conclusion of this article is to achieve the success of learners' study, the educator must guide learners sharpen theirstruggling power, through the tasks in the classroom.

Kata Kunci: Soft skill, Struggling Power, learning, educator and leaners

I. Pendahuluan

A formidable nation is a nation that its generation has a strong struggling power to exist in development of the times. Strong and resilient generation generally acquired through education. Through education, we can forge learners to cultivate the struggling power as one of the elements of soft skills in various subjects or courses. Educators should be able to slip elements of soft skills in their owned courses/subjects because education must to-

uch three areas or domains, which are the cognitive domain that associated with logic, affective domain that associated with feelings, and psychomotor domains that associated with behavior or actions. The third domain must be touched by education. The element of is very soft skills play a role in determining a person can achieve success both in the world of work, as well as in the business world. This element can not be ignored or forgotten in learning because it is so important. Educators should continuously integrate elements of

soft skills in their subjects or courses. Several studies have shown that soft skill elements largely determines a person's success in working. They remain resilient in their work, persevere, and keep the spirit of working, because the soft skill has been sharpened from an early age through education. Instant work actually make the generation become weak and brittle. For that reason, after reading this article is educators are expected to have a high awareness to integrate elements of soft skills into their teaching materials. By integrating soft skills in the learning, generation is expected to grow strong and powerful, ready to work in a healthy manner. Can overcome various difficulties with a brilliant way.

II. Method

For collect information in this article, through observation, at student task. Beside that, author to review some article at e journal and book that relevant with Struggling Power and Learning

A. Soft Skill

Soft skills are defined as a person's ability in dealing with others (people skills), which include (1) Interpersonal skills and the skills of self-regulation, (2) intrapersonal skills who are able to develop to the maximum performance. Hard skill is the ability to produce something visible and immediate. According to the author of *Lessons from the Top*, Neff and Citrin (1999), who interviewed 50 of the most successful people in the United States, mentioned 10 success tips. Ten Common Traits of the Best Business leaders (1) passion, (2) Intelligence and clarity of thinking, (3) great communication skills, (4) high energy level, (5) egos in check, (6) inner peace, (7) capitalizing early life experience, (8) strong family lives, (9) a positive attitude, (10) Focus on 'doing the right, things right' In addition to the ten tips for success, there are six prin-

ciples included in the soft skills, which are: (1) live with integrity; (2) develop a winning strategy; (3) build a great management team; (4) inspire employees; (5) create a flexible organization, (6) the relevant implement system. Tips and soft skills principle that has been mentioned contain aspect of soft skills, namely struggling power. A difficult situation can shape a person's ability to solve a problem. In dealing with difficult situation, a person can determine how to behave. A person can choose to avoid and not resolve that situation or face and overcome obstacles. Choice to face and overcome obstacles is called struggling power. Stoltz (2007) termed the struggling power as the intelligence of adversity, which is the ability of individuals in facing and overcoming daily obstacles or difficulties toughly and perseverely regardless of the barriers that exist around them and focus on the goal. Pholka & Kaur (2012) simplifying the definition of a struggling power as the ability to survive in a difficult situation and overcome the condition. According to Susanti (2013), struggling power is a person's ability to survive and achieve his dream persistently. Nashori (Noprianti. 2015) argues that the struggling power is a person's ability to use his intelligence to direct themselves and change the views and behavior when deal with a situation that could make them powerless. In summary, Leman (Agusta. 2015) mentions struggling power as a person's ability to overcome obstacles. According to Rahmah (Lestari. 2014) struggling power is the ability to maintain and achieve future goals persistently. Lestari (2014) says that the struggling power is a person's intelligence in facing obstacles or adversity in his life. From these definitions, we can conclude that the struggling power is a person's ability to drive herself to be able to face and overcome obstacles in a difficult situation by focusing on something that they want to achieve. Struggling power helps a person to get through the obstacles that occur in life. With the struggling power, a person

is able to find a way out of the difficulties.

B. Factors that Struggling Power

According to Stoltz (2007), there are several factors that affect a person's ability in dealing with adversity. These factors shaping a person's struggling power.

1. Competitiveness

A person's struggling power can be seen through their response to adversity. People who have a high struggling power will respond constructively to adversity, which uses energy, focus, and energy as required in order to succeed in the competition. People who have a low struggling power would be destructive so it is easy to stop trying in the competition.

2. Productivity

The response to the difficulties that occur affect a person's performance. When someone responds to adversity constructively, productivity is much better than that respond destructively. This is evidenced by Seligman research's (2005) that people who respond to adversity with pleasure will have a good performance, more productive, and longer survive with the various tasks assigned compared to people who respond to adversity with not pleasure.

3. Creativity

Creativity is an innovation that is done as a form of an expectation that something that previously did not exist can be created to exist. According to Barker (Stoltz, 2007) creativity can arise from despair so that this capability will be formed when a person is able to overcome the difficulties. People who are not able to overcome the difficulties have lower creativity.

4. Motivation

Struggling power is also formed of their

motivation. People who is highly motivated have a high struggling power. With the motivation, one has reason to survive and fight.

5. Taking risks

Belief that taking action on something that is not yet known just be wasting energy is an action that does not have courage to take risks. Struggling power is formed when one responds to adversity constructively so that they are willing to take risks.

6. Repairing

Someone needs to do repair continuously in order to survive. People do repair so they not be outdated, both in relationships with others and in employment. A person who do repair will increasingly develop their struggling power.

7. Perseverance

Stoltz (2007: 95) says, "persistence is the ability to continuously strive, even when faced with setbacks or failures." The good response on the difficulties will help a person to keep trying while those who responded badly will be easy to give up."

C. Types of Struggling Power

There are three types of struggling power, which are Quitter, Camper, and Climber (Stoltz, 2007). Analogous to the struggling power by Stoltz as a mountain climbing. In the climb, some chose to be Quitters, Campers, or Climbers. Quitters are people who quit. In facing the difficulties, they will choose to reject, refuse to perform its obligations, retreat even stopped. Campers are them who camp while climbing. They are the ones who quickly satisfied and choose to set up camp in a safe and convenient for them. Climbers. They are the real climbers because they are not only satisfied with climbs before reaching the summit. Climbers venture out of the comfort zone and choose to continue to climb for the

sake of development and self-improvement.

Based on the description of soft skill elements that have been described, the learning must integrate teaching materials with elements of Competitiveness, Productivity, Creativity, Motivation, Taking risks, Repairing, Perseverance.

D. Learning

Learning is a process to make individuals learn. How to keep the learning process happens to individuals? To make learning occurs in individual's self, conditions of creative and fun learning designed. In the process of learning, individual learns about hard skills and soft skills. Unfortunately, learning hard skills is very dominant and soft skills is very less. Consequently, today's generation are not tough but easy to be brittle.

E. Educator and Learner

To apply soft skills to the students, then the educators should have and give examples to students. If we want to apply perseverance, then the educator must first have a persevering nature. If educators expect their students to be creative, educators should firstly give creative examples. If the educators expect their students to be passionate, they first has to be passionate educators.

III. Conclusion

The conclusion of this article is that to achieve the success of the study learners, the educator must guide learners sharpen fighting spirit, through the tasks in the classroom.

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